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THE SPIRITUAL DISCIPLINES

## MEDITATION

1. Genesis 24:62-64 15. Psalm 104:33-35 2. Isaiah 26:1-4 16. Psalm 119:14-16 3. Isaiah 40:7-8 17. Psalm 119:23-24 4. Ezra 7:9-10 18. Psalm 119:47-48 5. 1 Kings 19:11-12 19. Psalm 119:78-80 6. Joshua 1:8-9 20. Psalm 143:5-6 7. Proverbs 4:20-22 21. Psalm 145:5-7 8. Psalm 1:1-3 22. 2 Timothy 3:14-17 9. Psalm 4:4-5 23. Romans 12:1-2 10. Psalm 5:1-3 24. Matthew 4:1-4 11. Psalm 19:14 25. Matthew 6:5-6 12. Psalm 27:4-5 26. Mark 1:35 13. Psalm 63:6-8 27. Philippians 4:8-9 14. Psalm 77:10-12 28. Romans 10:16-17 29. Colossians 3:14-16 30. James 1:23-24 31. Hebrews 4:12-13

### AUGUST SCRIPTURE WRITING PLAN

Writing out Scriptures is a way to understand God's Word and Hear His voice without distractions. Each of these Scriptures should take fifteen minutes to copy.

Grab your journal, your Bible, and some pretty pens, and let us INSCRIBE THE WORD together.

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